

STOCKTON FAMILY PRACTICE

Stuart H. Freedenfeld, MD, is a board-certified family practitioner, who directs the Stockton Family Practice in Stockton, NJ. This is in a remote location, just across the Delaware River from Pennsylvania. Dr. Freedenfeld chose Stockton because of its bucolic setting. According to the Wikipedia, this tiny town “remains today as it was in the eighteenth century.”¹



Figure 1 Stuart Freedenfeld, MD

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Dr. Freedenfeld emphasizes that he is not an oncologist and does not treat cancer *per se*. He offers supportive interventions for people with cancer and tries to help them find a state of health wherein they might have a long life, despite the presence of cancer. He says he first learned about complementary medicine approach to cancer at meetings of the American College for Advancement in Medicine (ACAM). He is also a student of the work of Jeffrey Bland, PhD, the pioneer of Functional Medicine. Dr. Freedenfeld’s philosophy is to use his knowledge and interest in functional medicine to synthesize the work of many of our best and brightest cancer pioneers to create a personalized program that maximizes benefits and minimizes toxic harm. His plans are designed to integrate the various types of approaches in ways that do not interfere with the potential benefit of each approach.

¹ Its most imposing structures remain the Stockton Inn, founded in 1710 (the famous “small hotel with a wishing well” that Richard Rogers wrote about), and the three-room school, the last such schoolhouse in the state. Even with the use of my Garmin GPS unit I got lost trying to find it.

Dr. Freedenfeld does not believe that high-dose antioxidants or pancreatic enzymes interfere with chemotherapy, although he acknowledges that many oncologists do believe this. Despite his unconventional practice, he says he has a good relationship with doctors in the county and has himself been the President of the local Hunterdon County Medical Society. He says that he shares a lot of patients with the oncologists and tells patients to reveal to their oncologists all the CAM modalities they are doing alongside conventional treatment.

Like many other ACAM members, his favorite intravenous treatment is vitamin C (IV-C). He tries to maintain blood levels for four hours in the 400 to 600 μ mol/L range (a high level even among holistic practitioners). He measures the blood levels at various points during the treatment. He says that he used to aim for a 200 to 300 range but that keeping it in the higher range for four hours has been “wonderful.” He gives this treatment in combination with high-dose Wobenzym N enzymes (60 tablets per day for most patients), modified citrus pectin (MCP), and other supplements. His repertoire also includes Ukrain® (an extract of the herb *Cheledonium majus*), Iscador® (mistletoe), Avemar, a fermented wheat germ extract), amygdalin (apricot kernel extract), UBI (ultraviolet blood irradiation), ozone, HBOT (hyperbaric oxygen), tetrathiomolybdate (TTM), thalidomide, phenylbutyrate (a precursor of one of Dr. Stanislaw R. Burzynski’s antineoplastons), poly MVA, and many other supplements.

BOTTOM LINE: Dr. Freedenfeld is a family practitioner with a comprehensive knowledge of the latest CAM approaches to cancer. He struck me as willing to go the extra mile for patients who are seeking cancer treatment alternatives (as opposed to just complementary treatments). Although just a one-hour drive from Philadelphia this seems like a remote location far from major population centers. I think that some patients in Greater Philadelphia area, the Bethlehem-Allentown PA region and southern New Jersey who have access to this innovative family practitioner are very lucky indeed. But Dr. Freedenfeld’s practice might also become a destination for cancer patients who are seeking a highly individualized access to some of the most exciting concepts in CAM cancer treatment today.